

MILK OF MAGNESIA PREP FOR COLONOSCOPY EXAM

1. Be on a clear liquid diet the day before the test. Clear liquids: coffee, tea, water, soda, clear broths, fruit juices, popsicles, Jell-O but nothing **Red or Purple**.
2. The day before the test, take 2 tablespoons of Milk of Magnesia four (4) times for a total of eight (8) tablespoons. Suggest: 11am- 1pm- 5pm- 7pm.
3. Take 4 Dulcolax tablets at 3pm.
4. Please make every attempt to drink extra clear liquids through the entire day.
5. Avoid aspirin products for 7 days prior to your study. Notify your doctor if your are on blood thinners.
6. Please call the office if your stools are not liquid by 7 am the morning of the procedure.
7. You will need someone with you to drive.
8. Check in at_____.
9. If any questions, please contact our office at (818) 341-4796.